

ALONDRA VALERIA GALVAN

ALONDRAVGALVAN@GMAIL.COM

Valid Safeguarding Certificate, Valid First-Aid Certificate, Valid Enhanced DBS,
Volunteer Chaperone License, Overseas Police Clearance

EDUCATION

- 2023 Trinity Laban Conservatoire for Music and Dance, London, UK**
Master of Fine Arts in Choreography (Merit)
2-year long program, Choreographic Methodologies, Research Lab, Research and Development, Synergies and Transformations, Examining Practice.
Thesis Supervised by Alison Curtis-Jones, Charles Lineham
- 2021 University of South Florida (USF), Tampa, FL, USA**
Bachelor of Fine Arts in Dance (Summa Cum Laude)
4-year long program, Classical Ballet, Modern Techniques (Dunham, Cunningham, Horton, Limon, Graham), Choreography, Improvisation, Pedagogy, Ballet History, Technical Theatre, Senior Seminar
Skills: Assistant Stage Manager, Technical Production, Lighting Direction, Producing, Marketing and Advertising, Branding, Grant Proposal Writing, Teaching, Career Development.
- 2020 University of South Florida Dance in Paris Semester Program, Paris, FR**
Semester-long (16-week), Modern Techniques, Ballet Techniques, Choreography, Modern Dance History, World Dance Forms, Yoga, Somatic Practice, Body Weather, and other Non-Western Dance Practices.

TEACHING

- 2025 BailaME.X Choreographer/Director, Mestizo Restaurant, London, UK**
Co-founder/Director of Mexican Contemporary Dance Collective performing weekly.
Somatic Musicality Contemporary Pro-Class, Adore Dance London, UK
Pro-class (4 classes) for being the Artist in Residence.
- 2024 Adult Contemporary Dance Class, Lost in Yoga, London, UK**
Recurring, all-levels class facilitated and produced for the Southwark community.
Jazz MASTERCLASS, Song and Dance Inc., Wesley Chapel, FL
15 students, 12-18-year-old, created and devised an hour-long jazz technique class.
Artistic Practice Lecture, USF Studio, Tampa, FL
40+ incoming and graduating students, lecture on artistic path after graduation.
GymBox Rhythm Instructor, London, UK
Recurring cover teacher for Beats on Pointe and Callback classes.
Nursery Ballet Teacher, Rainbow Angels Nursery, Shoreditch, UK
Recurring ballet technique and creative movement for 5+ nursery students.
Dance Teacher/Assistant, Thomas's Battersea, London, UK
Assisting and devising RAD ballet and modern syllabus for Year 2-Year 8.
Dance Teacher/Assistant, Angelina Jandolo Dance Company, London, UK
Assisting and devising ballet IDTA syllabus for Preparatory to Grade 4 students.
Curating and teaching all levels of Adult Tap, Advanced Ballet, and Pointe.
Choreographed and curated 3 pieces of choreography for end of year recital.
- 2023 Inclusive Creative Workshop, London, UK**
Facilitated 'Climate Change: Mexico,' with Magpie Dance Company, integrating diverse perspectives on climate change with Aztec traditional dance steps.
Contemporary Pop-Up Class, BASE Studios, London, UK
Designed and executed a contemporary technique, dynamics, and flow class.

Harmonious Movement Class, USF, Tampa, FL

Shared modern techniques and improvisation tasks to 30+ BFA & BA dance students.

Contemporary/Improvisation MASTERCLASS, Song and Dance Inc., Tampa, FL

15+ students, 12+ year old, Formulated and presented improvisation tasks to develop contemporary dance techniques.

TL Sessions: The Pilot Session, Trinity Laban, London, UK

Facilitated a 3-hour workshop crafted through collaborative tasks with 4 dancers and a musician leading to showcasing a final 7-min performance.

2021 Teaching Internship, Howard W. Blake High School, Tampa, FL

Taught and devised a lesson plan of modern techniques to year 2 and 3- BA Dance students.

2019 Rehearsal Assistant, Tampa, FL

Facilitated rehearsals by note-taking, queuing music, preserving the Mexican choreographer, Claudia Lavista's vision, authenticity, and coordinated lighting cues.

CHOREOGRAPHY

2025 "Danzon No.2" Duet, Mestizo Restaurants, London, 5 min

2024 "Sapphic Symbiosis" Duet, Video, London, 8 min

2024 "La Catrina" Solo, Dia de los Muertos Festival, Hackney, 4 min

2024 "La Llorona" Solo, Blackheath Halls, Blackheath, 5 min

2024 "Woman Loving Women" Solo, MODArts Collective Thread Festival, NYC, 7 min

2023 "Finding the (Vibe)rations" Ensemble, MFA Showcase, Laban Theatre, London, 30 min

2023 "The Righteous Wrath of an Honorable Man" Solo, Video, London, 3 min

2023 "SHEAR" Quartet, Laban Studio, London, 7 min

2023 "Exploring the Whale" Ensemble, Laban CoLAB, London, 20 min

2022 "aLONE_ly" Solo, Laban Studio Theatre, 11 min

2021 "Perception of Action" Quartet, Laban Studio Theatre, London, 11 min

2021 "Estados de Animo" Solo, USF BFA Showcase, Florida, 6 min

2021 "Tadow: MUJER" Quartet, USF Student Dance Concert, Florida, 5 min

2020 "Punto De Vista" Ensemble, USF BFA Showcase, Florida, 7 min

2020 "Juego" Duet, USF Student Dance Concert, USF Theatre, Florida, 5 min

2019 "QUEEN" Ensemble, USF Student Dance Concert, USF Theatre, Florida, 6 min

AWARDS

2024 **Clod Ensemble Catalyzer Programme and Bursary Recipient**

2021 **Leverhulme Trust Grant**

2020 **Simmons International Leadership Scholarship Recipient**

2019, '20, '21 **USF Talent Grant Recipient**

ADDITIONAL EXPERIENCE

2020 **Student Dance Production Marketing Director, USF, Tampa, FL**

Directed marketing initiatives and communication efforts to enhance visibility and attendance for dance concerts.

2019 **Student Dance Production Marketing Officer, USF, Tampa, FL**

Steered marketing initiatives that led strategic campaigns to boost event awareness and attendance.

2018 **Florida Dance Festival Internship, Tampa, FL**

Collaborated as an intern, contributing to music cueing, , and provided general assistance for smooth dance class and performance operations.